



Intent
At St. Leonard's, children experience a high-quality and engaging curriculum that hopes to support their physical development, personal, social and emotional development and to contribute to completing 60 active minutes a day. We offer a broad curriculum as well as providing children with opportunities to compete in sports within our own school as well as with other schools through the School Games and local fixtures. This enables us to teach and promote good sportsmanship, follow the Olympic Values and help children to understand healthy competition. We aim to provide our children with a positive experience of physical education that will lead to a healthy lifestyle and life-long participation.
Implementation
St Leonard's PE curriculum aims to ensure that all pupils: • Are provided with at least 2 hours of active and exciting PE lessons each week • To contribute to children's 60 active minutes a day, we aim to provide 30 active minutes through break and lunchtimes • EYFS and Key Stage 1 curriculum focuses on fundamental skills to support children in developing basic skills • Key Stage 2 curriculum provides children with opportunities to further develop their skills through specific sports such as netball, basketball, gymnastics, dance, tennis, badminton and inclusion sports The PE curriculum is supplemented by a range of extracurricular opportunities throughout the year, for example participating in the '#LetGirlsPlay Biggest Ever Football Session', wheelchair basketball and break-dancing workshops to celebrate the Paralympics and Olympics, dance performances and a local theatre, competing at School Games events and after school clubs.
Impact
Pupils at St Leonard's develop strong physical skills, confidence and enjoyment in PE. Children build secure fundamental skills in EYFS and KS1 and apply these effectively to a range of sports in KS2. Engagement in PE is high, with pupils enthusiastic about participating in lessons, extracurricular clubs and competitive opportunities such as School Games events. Increasing numbers of pupils sign up for opportunities to represent the school in sporting events, and pupil voice indicates that children enjoy PE and understand the importance of staying active for their physical and mental wellbeing. Through regular PE lessons, active break and lunchtimes, and enrichment opportunities pupils are supported in working towards achieving the recommended 60 active minutes per day. This contributes positively to pupils' health, wellbeing, behaviour and readiness to learn. By the time pupils leave St Leonard's, they have developed the skills, knowledge and motivation needed to lead healthy, active lifestyles and are well prepared for continued participation in sport and physical activity beyond primary school.