

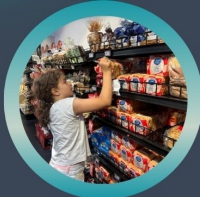


LIFE SKILLS AWARD FOR CHILDREN AGED 3-13

How you can help at home, and why?



We all think that our own young child is smart and loving, talented and fabulous but what do you hope for their future? Whatever they end up doing, we all want our children to: fit in, be trusted and well-liked by employers, be capable of living independently and to be thoughtful and kind to others. However, how can we help to ensure that happens?



Your child's school is offering a great way for you to help your child to begin growing into a capable young adult.

The Junior Duke Award.

It's packed with fun challenges which have been developed over years to be age-appropriate and to gently push your child out of their comfort zone and towards an end goal of being **independent, capable, confident and resilient.**



However, this can NOT all be done at school. **This needs your help too.** Children learning life skills needs to be done regularly and with patience. They will be slow and messy to begin with but, over time, and with practice, they will become more proficient and be able to take on tasks around the home independently....gradually readying themselves to, one day, leave home and fly! This lesson is long, repetitive and slow (but very rewarding) so please start when they are young!



Remember, your child is only little for a short time. **They love to spend time with you,** they love to learn from you, to help you and to have a feeling of purpose so **please be patient and give them the time, space and encouragement to grow.**

www.juniorduke.com

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